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## Over-the-Counter Medicine Release Form

I give permission for a staff or faculty member of Lutheran High School of San Diego to administer the following medications on an as-needed basis. I understand that no phone contact will be made prior to administration of the indicated medication(s) for minor aches and pains (e.g. headaches, stomachaches, small cuts, etc...). You will not need to supply the medicines listed below. We supply them in the front office due to the fact that students are NOT permitted to carry any medications with them.

Check those medications your child may have for minor problems:

- Acetaminophen (e.g. Tylenol)
- Ibuprofen (e.g. Advil, Motrin)
- Tums (for upset stomach, heartburn)
- Cough Drops or Throat Drops (For cough or sore throat)
- Imodium (for diarrhea)
- Benzalkonium Chloride 0.13% or Hydrogen Peroxide 3% (Antiseptic for minor cuts and scrapes)
- Antibiotic Ointment (e.g. Polysporin, for minor cuts and scrapes)
- Antihistamine (e.g. Benadryl, for stings, bug bites, minor rash)
- Sunscreen Lotion (for fieldtrips and service projects)

Student's Name (print): \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

For School Year: \_\_\_\_\_

Date: \_\_\_\_\_